## City of Gallup Parks & Recreation

## EXERCISE CLASSES

Larry Brian Mitchell Recreation Center
400 Marguerite Franco Street
Gallup, New Mexico
505-722-2619

<u>Day</u>	<u>Time</u>	Class
Monday	5:30 pm—6:30 pm	Step Aerobics
Tuesday	5:30 pm—6:30 pm	Aerobic/Zumba
Wednesday	5:30 pm—6:30 pm	Zumba Fitness
Thursday	5:30 pm—6:30 pm	Zumba Fitness

"There is Magic in Movement. Yes ~ Movement is Medicine."

Please Follow Guidelines: Wear Masks Optional, Social Distance,
Sanitize Hand and be safe!

## **CENTER FEES**

Adults Walk-In \$3.00

• 12 visit Punch pass \$30.00

Please call 505-722-2619 for updates on exercise classes & fees.